

## Indications for Use

- The Podimetrics RTM System is intended to be used by a patient in conjunction with a healthcare professional or caretaker for periodic evaluation of the temperature over the soles of the feet for signs of inflammation.
- It will provide information indicating when the patient and healthcare provider should communicate for further evaluation and treatment regarding any localized inflammation observed on the feet via the electronic sensing system and remote visualization of its data.
- The Podimetrics RTM System is intended to be used under the direction of a healthcare professional as an adjunct to and not in replacement of self-examination and periodic foot care and examination conducted by a healthcare professional and does not diagnose any specific disease state.



### CONTACT US

1-833-203-3777 (TTY: 711)

patients@podimetrics.com

www.podimetrics.com



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# Patient Information Guide

## Podimetrics SmartMat™





## Diabetic Foot Complications

Diabetic foot wounds, often called ulcers, are a common complication of diabetes. It is important to detect these wounds early and take preventive action to avoid serious complications like infections and amputations.

## Early Detection

The SmartMat measures the temperature of your feet, and our patient support team monitors your daily temperature scans. If we detect early signs of inflammation, which often occurs before a wound, we reach out to you and your doctor.

## Support in Your Own Home

It can be difficult to watch over your feet while you are at home. Podimetrics is here to help. Using our SmartMat, we can monitor your feet from the comfort of your home. Our patient support team ensures that you have the support you need, and that you receive the right care at the right time.



## Podimetrics SmartMat

Designed for daily usage, the SmartMat remotely monitors foot temperatures.



- Takes only 20 seconds a day
- HIPAA compliant
- No setup required
- Cellular connected

“I can’t feel my feet because of diabetes. I have comfort knowing Podimetrics is watching them.”



**Walter**  
ILLINOIS, USA

## How It Works

We monitor the temperature of your feet, and we notify you and your doctor when you need to take action.



**You Step on the SmartMat**  
Your SmartMat automatically sends the scan to Podimetrics.



**We Monitor Your Scans**  
We watch for temperature changes and signs of inflammation.



**We Reach Out to You**  
We reach out to you and your doctor so preventive action can be taken.

## Temperature Monitoring

Once-daily remote temperature monitoring is a well-established clinical tool that has been studied in three NIH-funded randomized controlled trials (RCTs) and is incorporated into three clinical practice guidelines for preventive foot care.



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